

What Does it Mean to be a Man?

This is a question that has been asked through the ages by society, parents, women, girls and boys. The largest group to inquire about this, in a deep and profound way, has been men themselves. The answer to this question has been given to us by a variety of individuals. This ongoing group conversation is an opportunity to develop the **answer for yourself**. You will be part of a diverse all male group speaking your truth and hearing the truth of others.

Identification and Exploration of Roles:

Each man in his own time plays many roles:

Son	Lover	Role Model
Father	Husband	Mentor
Friend	Breadwinner	Coach



Each of these roles has it's own drivers, responsibilities, and demands. Many times there are conflicts between the roles. At that point, we need to quickly shift and turn on a dime. How we manage and balance these ever changing roles determine how we feel about ourselves and how we are perceived by others as **"Being a Man."**

Reflective Questions

As we participate in this ongoing conversation and exploration, we will be asking ourselves:

- Will the boy that I was, be inspired by the man that I have become?
- What does it mean to be a man? Who has answered this question for you?
- Who created the myth "that men don't want to talk about their feelings"?
- Where are the places/organizations that boys go and learn how to become a man? i.e. there was a time when there were barber shops, the boy scouts, or neighborhood community centers.

If you are seeking a greater self-understanding and/or more satisfying overall relationships, join us for these conversations on what it means to be a man led by Clyde Horton, Certified Life and Relationship Coach.

When: March 24, 2018; April 28, 2018; and May 19, 2018

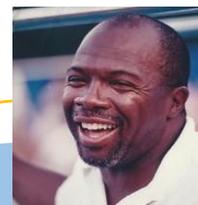
Time: 10am - 1pm

Where: 4848 Battery Lane, Suite 202, Bethesda, MD 20814

Cost: \$50 per session

Group Size: Six (6)

To Register: Contact Clyde



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